## Keeping in Touch - 29 March 2020

Hi everyone,

Another bright sunny day in paradise, isn't it quiet, you can hear birds sing, bee's buzz, and don't forget to listen to the grass grow, makes a whooshing sound. Remember to get real close, that's right, on the ground, might be hard at first, but do try, you've plenty of time to practice, you might even hear the little people chattering. (plenty of time to worry about mowing some other time) Isn't nature wonderful. So peaceful for the mind, so calming, just open one's heart and let the sun shine in.

Good to see most people trying hard to do the right thing, which is really pleasing. Have had a few contributions that will bring a smile (cheer up) to your face (most anyway)

From the Nayda's - A friend told me her husband took a map of the world, stuck it to the wall in the kitchen and told her to throw a dart. Where it landed he would take her for 2 weeks when the Covid-19 was finished. Anyway at all, he was prepared to take her for two weeks. She now tells me they will be spending two weeks behind the fridge.

I am not sure where to go for Easter: the dining room, the living room or the bedroom.

From Don Ford (not a member)



HOSPITAL REGULATIONS: Hospital rules state that patients checking out must have a wheelchair.

One day a newly graduated nurse assistant came into the room to find an elderly man fully dressed. He was sitting on the bedside chair, with a piece of packed luggage at his side, all ready to go.

When he was shown the wheelchair, he was adamant that he was capable of walking himself to the car park. But the assistant told him the rules were rules, so he relented and let her wheel him out.

In the elevator, the assistant asked the elderly man if his wife was coming to meet him. "I don't think so." he replied "It takes her a while to change her clothes, so she's probably still upstairs in the bathroom taking off her hospital gown and getting dressed."

That's all folks , just a short note to remind everyone that they are not alone at this time, chin up, smile, we will be back together very soon .

Cheers

Stuart.