

# DENMARK RIVER PROBUS NEWSLETTER

January 2026 - Edition 137



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## **Hello everyone and welcome to 2026!**

This month we were delighted to induct new member Robyn Smith into the club and look forward to getting to know her.

Thank you to Jamie Falls for stepping in as President for our first meeting of the year while Helena was unwell. We are pleased to know she is now on the road to recovery.

A special thank you to Ros for proofreading the newsletters last year, and thanks in advance to Joy who will do me the favour this year.

We are looking forward to a year filled with opportunities for members to be engaged, active and connected through our Committee and Social Groups. Nominations for the new Management Committee are due by our next General Meeting on 4 February. Please consider how you might contribute.

Happy Australia Day!

Susan



*Stephanie, Jamie, Robyn*

## **Events ~ picnic in the park**

Convenors: Robin Levet, Mal Dickie



Our combined walk and morning tea with Denmark Probus Club was a great success. A gentle stroll through Kwoorabup Park along the river gave members from both clubs the chance to mingle and chat - a perfect icebreaker before settling in under the shade of the old oak tree.

Chairs were gathered in a circle, morning tea was shared, and there was no shortage of compliments for the lemon cake and peach and raspberry slice - one from each club - enjoyed by all.



*Setting off in sunshine*



*River views + good company*



*Enjoying each other's company*



*Cross club conversation*



*Bob and Holly*



*Holly and Tana enjoyed each other's company too*

## Diary Dates

Wed 4 Feb	General meeting Guest speaker Jon Doust, author and comedian, "4000 Years of History: The Middle East." BBQ lunch and dessert
Thurs 19 Feb	Outdoor games afternoon (bocce, croquet, Klopp and more) 4.00pm Kwoorabup Park (behind the hospital) BYO snacks and drinks for afterwards, plus chairs

## Extras

Membership ~ There are now 71 members in the club and 11 on the waiting list.

Please remember to wear your name badge, so everyone can get to know you. Don't forget to circulate and not always sit in the same spot with the same friends. Let's keep our club friendly and inclusive.

## Welfare



If you know a member who could use a cheery card or friendly chat, please let Vicki Lumia know.

## YOUR 2025 COMMITTEE

*President: Helena Wragg – [helenajo@westnet.com.au](mailto:helenajo@westnet.com.au)*

*Secretary: Val Ball - [secretary@denmarkriverprobus.org.au](mailto:secretary@denmarkriverprobus.org.au)*

*Treasurer: Ros Gates - [treasurer@denmarkriverprobus.org.au](mailto:treasurer@denmarkriverprobus.org.au)*

*Events: Robin Levet, Malcolm Dickie - [events@denmarkriverprobus.org.au](mailto:events@denmarkriverprobus.org.au)*

*Membership: Stephanie Wierobiej - [members@denmarkriverprobus.org.au](mailto:members@denmarkriverprobus.org.au)*

*Guest Speakers: Lyell Edmonds, Jamie Falls - [speakers@denmarkriverprobus.org.au](mailto:speakers@denmarkriverprobus.org.au)*

*Media: Susan Lane - [media@denmarkriverprobus.org.au](mailto:media@denmarkriverprobus.org.au)*

*Hospitality: Lorraine Cotton, Kaye White - [hospitality@denmarkriverprobus.org.au](mailto:hospitality@denmarkriverprobus.org.au)*



Check our website <https://www.denmarkriverprobus.org.au> for more news, events, outings, photos, recipes and lots more.

### **Kayak Club ~**



Our kayaking group meets at 7.15am every Monday and Friday, weather permitting, at the boat ramp by the Denmark Rivermouth Caravan Park. They enjoy coffee and a chat afterwards at Reminisce Café.

New paddlers are always welcome!

### **Wine Appreciation Group ~**



Wine Club meets from 5.00 to 7.00 pm on the fourth Thursday of each month at the Denmark Men's Shed. If you are interested in joining, please contact Peter Lumia to be added to the waiting list.

Our first meeting of the year will be held on Thursday 26 February.

### **This month's Birthdays**

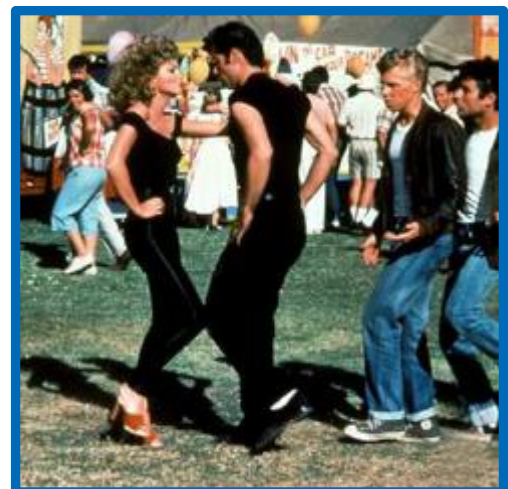
Robyn Smith	24 January
Moya Ivanac	25 January
Lyell Edmonds	4 February
Chris Watkins	17 February
Glenice Smith	20 February
Ken Richards	25 February

**HAVE A GREAT DAY!**  
*Wishing you a wonderful year ahead!*

Can you name the film?



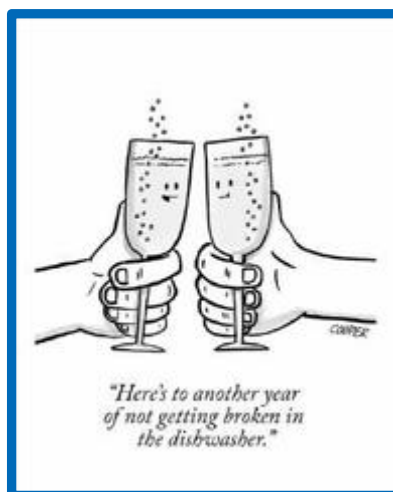
[www.silversurfers.com](http://www.silversurfers.com)



## Movie quotes quiz just for fun! Which movie do these come from?

Answers at the bottom of this page

1. May the force be with you!
2. Here's looking at you, kid
3. Hasta la vista, baby
4. I see dead people
5. Life is like a box of chocolates
6. Phone home!
7. You can't handle the truth!
8. Houston, we have a problem
9. Nobody puts Baby in a corner
10. You're gonna need a bigger boat



## Movie Quiz Answers

1. Star Wars
2. Casablanca
3. Terminator 2
4. The Sixth Sense
5. Forrest Gump
6. E.T.
7. A Few Good Men
8. Apollo 13
9. Dirty Dancing
10. Jaws

## ***Recipe of the month***

### **SUE A's LEMON CHICKEN**

*~ quick and easy, a favourite of her boys ~*



Chicken pieces (breast or thighs)  
1/2 cup plain flour  
Salt and pepper  
2 tsps paprika  
Oil or butter

#### *Sauce*

1tbsp soy sauce  
Salt and pepper to taste  
1/4 cup salad oil (I use Kraft Italian salad dressing)  
1/3 cup lemon juice and rind  
1 or 2 cloves of crushed garlic

Make sauce, combine ingredients, mix well, refrigerate for an hour before using.

Preheat oven to 180 C.

Coat chicken in flour and paprika, salt and pepper.

Put in baking dish, add oil or butter.

Bake for 30 minutes. Turn, pour over some sauce, baste and bake until cooked.

Keep some sauce to pour over when cooked.

I adjust quantities according to how much chicken I am cooking. Often make lots more sauce.

We like it swimming in sauce. Try it! So easy.

**Spotlight on Joyce** Looks like Joyce and Lex had a great time on their recent trip to China.



*Rickshaw is the way to go in Beijing!*



*The terracotta warriors in real life. Wow!*



*Go on, Joyce, you can do it!*



*The Great Wall of China*



*Xian at night*



*Chinatown, Shanghai*